## **CONFERENCE SCHEDULE**

## FARM STRESS & SOLUTIONS "DISTRESS OR DE-STRESS"



## JUNE 20, 2019 · BROOKLYN, IOWA

	<b>y</b> ====================================
7:30AM – 8:15AM	REGISTRATION
8:15AM - 8:30AM	INTRODUCTIONS & OPENING REMARKS
	Mike Pearson   Moderator
8:30AM - 9:30AM	Breaking Barriers in Ag - how one conversation can save a
	LIFE
	LESLEY KELLY   FARMER/BLOGGER, CO-FOUNDER OF "DO MORE FOUNDATION"
9:30AM - 10:30AM	LEASING & COMMUNICATION STRATEGIES
	RYAN DROLLETTE   ISU EXTENSION FARM MANAGEMENT SPECIALIST
10:30AM - 10:45AM	Break
10:45AM - 11:45AM	FARM STRESS – HOW TO IDENTIFY AND COPE WITH FARM STRESS
	Dr. Diane Rohlman   Director of Ag Safety & Health at Univ. of Iowa
11:45ам – 12:45рм	LUNCH
12:45AM - 1:45PM	Managing Stress in today's farm economy
	Dr. Mike Rosmann   Psychologist & Farmer
1:45РМ — 2:45РМ	LEARNING FROM THE PAST TO LEAD US INTO THE FUTURE
	SUE MARTIN   PRESIDENT OF AG & INVESTMENT SERVICES, INC.
2:45PM - 3:00PM	Впеак
3:00PM - 3:45PM	PANEL SESSION Q&A – WHAT WOULD YOU LIKE TO KNOW?
	Lesley Kelly   Moderator
	ANDREW AXMEAR & LEO RUDOLPHI   IOWA COUNTY FARMERS

REGAN HOLUB | MAHASKA COUNTY LANDLORD

ANGIE TREPTOW | REGIONAL VP, FARM CREDIT SERVICES OF AMERICA
\*\*\* PRESENTERS FROM EARLIER SESSIONS ALSO INCLUDED IN PANEL \*\*\*